



Pioneer Educational Trust
aspire inspire

Foxborough Primary School

Autumn Menu 2018

MENU -Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
	Vegetarian day				
Main Course	Halal Minced Beef and Vegetable Casserole with Mashed Potatoes	Baked Vegetables in Tomato Sauce with Roasted New Potatoes	Halal Lamb and Vegetable Chilli with 50/50 Rice	Chicken & Vegetable Casserole with Roast Potatoes	Salmon Fish Fingers with Chips and Baked Beans
Main Counter - Vegetarian	Creamy Pesto Potato Dumplings with Vegetables	Vegetable Stir Fry with Black Bean Sauce	Roasted Vegetable & Diced Quorn with Tri Colour Pasta	Spinach and Cheese Tart with Roasted Vegetables	Vegetable Chilli and Rice
	Seasonal Vegetables - 2 daily				
Vegetables served will include:	Carrots Swede	Leeks Carrots	Sweetcorn Mixed Salad	Peas Carrots	Baked Beans Mixed Vegetables
Dessert	Fruity Flap Jacks	Plum Upside Down Cake with Custard	Chocolate & Banana Cake with Custard	Strawberry Mouse with Shortbread Biscuits	Selection of Fresh Fruit Pots
Fruit served will include:	Fresh Fruit				
	Apples	Pears	Melon	Bananas	Blueberries
Jacket Potato/Pasta Pot	Jacket Potato with One Topping and Salad	Pasta Pot	Jacket Potato with One Topping and Salad	Pasta Pot	Jacket Potato with One Topping and Salad
	Pasta Pot with Tomato Sauce, Vegetables and Salad - Tuesday and Thursday				
	Jacket Potato Toppings will include: Cheese, Beans, Tuna - Monday, Wednesday and Friday				
	part of PIONEER EDUCATIONAL TRUST				
	Week Commencing: 17th September, 8th October, 12th November, 3rd December				